



# National Nutrient Database for Standard Reference

## Release 28 slightly revised May, 2016

### Statistics Report 03995, Babyfood, banana with mixed berries, strained

Report Date: June 24, 2017 22:17 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water	g	76.68	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Energy	kcal	92	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Energy	kJ	385	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Protein	g	1.01	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	03/2013
Total lipid (fat)	g	0.36	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Ash	g	0.65	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Carbohydrate, by difference	g	21.31	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Fiber, total dietary	g	1.0	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	03/2013
Sugars, total	g	15.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
<strong>Minerals</strong>													
Calcium, Ca	mg	0	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	03/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Iron, Fe	mg	0.00	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	03/2013
Magnesium, Mg	mg	23	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Phosphorus, P	mg	20	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Potassium, K	mg	283	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	03/2013
Sodium, Na	mg	0	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	03/2013
Zinc, Zn	mg	0.23	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Copper, Cu	mg	0.094	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Manganese, Mn	mg	0.351	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Selenium, Se	µg	0.8	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Fluoride, F	µg	1.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	18.2	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	03/2013
Thiamin	mg	0.028	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Riboflavin	mg	0.058	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Niacin	mg	0.623	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Pantothenic acid	mg	0.295	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin B-6	mg	0.257	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Folate, total	µg	20	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Folate, food	µg	20	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Folate, DFE	µg	20	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Choline, total	mg	8.9	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin A, RAE	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09040	03/2013
Carotene, beta	µg	20	--	--	--	--	--	--	--	--	Calculated or imputed	09040	03/2013
Carotene, alpha	µg	20	--	--	--	--	--	--	--	--	Calculated or imputed	09040	03/2013
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09040	03/2013
Vitamin A, IU	IU	51	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	03/2013
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Lutein + zeaxanthin	µg	47	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin E (alpha-tocopherol)	mg	0.37	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Tocopherol, beta	mg	0.01	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Tocopherol, gamma	mg	0.34	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Tocopherol, delta	mg	0.21	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin K (phylloquinone)	µg	6.3	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
<b>Lipids</b>													
Fatty acids, total saturated	g	0.081	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
10:0	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
12:0	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
14:0	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
16:0	g	0.073	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
18:0	g	0.004	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Fatty acids, total monounsaturated	g	0.036	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
16:1 undifferentiated	g	0.007	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:1 undifferentiated	g	0.028	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
20:1	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Fatty acids, total polyunsaturated	g	0.123	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
18:2 undifferentiated	g	0.079	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
18:3 undifferentiated	g	0.044	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	03/2013
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Phytosterols	mg	11	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
<b>Amino Acids</b>													
Tryptophan	g	0.006	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Threonine	g	0.021	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Isoleucine	g	0.021	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Leucine	g	0.049	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Lysine	g	0.034	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Methionine	g	0.006	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Cystine	g	0.007	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Phenylalanine	g	0.035	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Tyrosine	g	0.007	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Valine	g	0.034	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Arginine	g	0.036	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Histidine	g	0.053	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Alanine	g	0.029	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Aspartic acid	g	0.088	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Glutamic acid	g	0.110	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Glycine	g	0.028	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Proline	g	0.021	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Serine	g	0.029	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013